

**Amendments to the Claims:**

Claims 1-16 (cancelled)

17. (Previously presented) A sectional door having a plurality of hingedly interconnected panels, at least one of the panels comprising, in combination:

    a frame defining at least one central area, the frame including a horizontal member coupled to a hinge member hingedly connecting the panel to another sectional door panel; and

    a plurality of material layers received within the central area of the frame and held in place by the frame, the layers being movable relative to each other.

18. (Original) A panel according to claim 17, wherein the frame comprises first and second aluminum extrusions, joined together by at least one weldment.

19. (Previously presented) A panel for a sectional door, comprising in combination:

    a frame defining at least one central area, the frame including a horizontal member adapted to be coupled to a hinge member for hingedly connecting the panel to another sectional door panel, the frame comprising first and second aluminum extrusions joined by at least one weldment; and

    a plurality of material layers received within the central area of the frame and held in place by the frame, layers being moveable relative to each other, wherein the layers comprise a polystyrene core sandwiched between polyethylene skin layers.

20. (Previously Presented) A method for forming a sectional door having a plurality of hingedly interconnected panels, the method comprising:

    providing a frame defining at least one central area;

    inserting layers of material into the central area to be held in place by the frame, and to provide relative movement between the layers; and

    coupling a hinge member to the frame and another sectional door panel.